

Torngat Mountains

Adventures and Mysteries of the Labrador Inuit

For more details, click the bold headings to be redirected to our supplier listings on DestinationLabrador.com. For all suppliers you will find at least basic contact information - for our featured partners you will have access to their full trade profiles.

[Attractions](#)

Hebron
Rose Island
Saglek Fjord
Polar bears
Northern Lights

[Tour Operators](#)

Local Suppliers
Nunatsiavut Solutions

Receptive's/Wholesalers
Vision Atlantic
Candavac Travel
Adventure Canada
Linkum Tours

[Accommodations](#)

Hotel/Motel
Hotel North
Royal Inn
Cherrywood Suites

Torngat Mountains National Park Base Camp

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Climate

Temperatures in Torngat Mountains National Park generally run as high as the mid-teens. The area is very sheltered at Base Camp, located in the middle of a fjord. It's best to prepare for both warm and cold temperatures. Nain has a similar climate to that of base camp, for Nain's weather, [click here](#).

Black-Fly/Mosquito Index

Not unlike other northern regions, Labrador's bio-diversity leads to a healthy population of mosquitos and black-flies. Based on our local knowledge, here are your chances of encountering flies - come prepared!

Location	Off-peak	Peak
Interior	Mid June - begin July	Begin July - mid August
Coastal		
North Coast	Begin July - mid July	Mid July - end August
South Coast	End June - mid July	Mid July - late August
Torngat Mountains	Begin July - mid July	Mid July - mid August